

2010
BEND OPEN
Sponsored by LPL FINANCIAL & THERAPEUTIC ASSOCIATES
August 6-8, 2010
SR/AGE A-B-C SWIM MEET
HELD UNDER THE SANCTION OF UNITED STATES SWIMMING, INC.
SANCTION # & #

- LOCATION:** Juniper Swim & Fitness Center, 800 NE 6th St., Bend, OR. 97701. Phone: 389-7665.
From Hwy. 97 (3rd St.), turn east on Hwy. 20 (Greenwood Ave.) then right on 6th St.
Pool complex is located at the end of 6th Street.
- FACILITIES:** **Outdoor pool:** 8 lanes, non-turbulent lane lines, 25 yards length. Swimmers 12 & under swim outdoors. Dactronic Timing with pads will be used. Pool depth is 2m at both start and turn end.
Indoor pool: 6 lanes, non-turbulent lane lines, 25 meters length. Swimmers 13 & over swim indoors. Colorado Timing with pads will be used. Pool depth is 12ft at start end and 3.5ft at turn end.
- RULES:** Current USS & Oregon Swimming rules will govern this meet. Oregon Swimming Safety Guidelines & Warm-up procedures will be in effect & strictly enforced. The competition course has not been certified in accordance with Rule 104.2.2.
- ELIGIBILITY:** All entrants must be registered with U.S. Swimming. No on deck registration will be permitted.
- TIMES:** Friday: Warm-ups 4:00 p.m. - 4:45 p.m. Timed finals 5:00 p.m. Events # 1-4 (500 yd and 1000yd freestyles) will be deck seeded. Swimmers need to check in by 4:30 p.m. **The 500yd and 1000yd freestyle will be swum fastest to slowest. The 1000yd freestyle will be swum alternating girls and boys heats. The 500 will be swum fastest to slowest all girl's heats then all boy's heats.**
Saturday & Sunday: Warm-ups 8:00 a.m. - 9:00 a.m. Timed finals 9:15 a.m. Coaches' Meeting each day at 9:00 a.m. in the Hospitality Room. During Coaches' Meeting, both pools will be closed.
- PLEASE NOTE: ALL EVENTS IN THE INDOOR POOL WILL BE DECK SEEDED. SWIMMERS MUST CHECK IN NO LATER THAN 1/2 HOUR PRIOR TO THEIR EVENTS. IN THE EVENT A SWIMMER MISSES A DECK SEEDED EVENT, THEY WILL BE DISQUALIFIED FROM THEIR NEXT INDIVIDUAL EVENT.**
- RESTRICTIONS:** NO TOBACCO PRODUCTS, NO ALCOHOLIC BEVERAGES, NO GLASS CONTAINERS IN SWIMMING VENUE.
- ENTRIES:** Outdoors (12 & U): Three individual events, one relay per day.
Indoors (13 & O): Three individual events, one relay per day.
Submit all entries on Hytek or Team Unify. No other form of entry will be accepted. **Entries should be mailed so as to arrive no later than July 28.** Due to computerization, **LATE ENTRIES WILL NOT BE ACCEPTED!**
Pools are accessible for adaptive swimmers.
- ENTRY LIMIT:** Only the first 650 entries will be accepted.
- ENTRY FEE:** **Individual events: \$ 2.00 per event. Relays: \$ 8.00 per relay. \$6.50 surcharge per athlete (\$3.00 OSI / \$3.50 facility charge)**
Checks should be made payable to Bend Swim Club and sent along with hard copy entry forms to:
- BEND SWIM CLUB or emailed to: karenjackson@bendcable.com**
PO BOX 7136
BEND, OREGON 97708541-317-8462

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- AWARDS:** **Indoor:** JD Pence Award Bucks for 1st-8th place.
 Outdoor: Medals for places 1-3, ribbons for 4th through 16th place.
 The top 5 teams will receive gift certificates from JD Pence in the following denominations:
 1st-\$100, 2nd-\$75, 3rd-\$50, 4th-\$35, 5th-\$25. In addition, High Point Awards will be awarded
 to the top point scorers in each age group, except 6-Under.
- SCORING:** 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 for the outdoor pool. 16-13-12-11-10-9-7-5-4-3-
 2-1 for the indoor pool. The 500yd & 1,000yd Freestyles held Friday evening will not count
 toward high point standings.
- BULL PEN:** A bull pen will be provided for all 8 & U swimmers. All other swimmers shall report
 directly to their assigned lanes.
- CAMPING:** Camping is allowed in Juniper Park surrounding the pool complex. **Cars, trailers and RVs**
 are not allowed on the grass but several parking areas are available at the periphery of the
 Park. Portable toilets will be available. **ONLY ONE PARKING SPACE PER VEHICLE,**
 PLEASE. BOATS AND OTHER TYPES OF RVs NEED TO BE PARKED ON THE
 STREET. PLEASE OBSERVE QUIET HOURS OF 10:00 P.M. UNTIL 7:00 A.M.
- TIMING:** Club timing assignments will be published in the heat sheet based on the number of
 swimmers per club. Please organize your parents so that delays are minimized in staffing the
 timing assignments.
- MISC.:** There will be a public Rec Swim Saturday afternoon from 5:00 p.m. - 8:00 p.m. The indoor
 pool: lap swim; outdoor pool: rec swim. There will be no charge for swimmers competing in
 the Bend Open. The pool facility closes at 9:30 p.m. on Friday, 9:00 p.m. on Saturday. The
 facility opens at 6:30 a.m. daily.
- A deli/snack bar **WILL NOT** be in operation on Friday evening. The Deli/snack bar will be
 in operation all day Saturday & Sunday.
- MEET DIRECTOR:** JD Weedman 382-2219 and Scott Halligan 388-7951
MEET ENTRIES: Karen Jackson karenjackson@bendcable.com
MEET REFEREES: Ken Hansen / Al Smith
BEND SWIM CLUB OFFICE: 317-8462

SCHEDULE OF EVENTS
AUGUST 6-8, 2010

OUTDOOR POOL: 12 & UNDER

Seed times: 12 & Under swimmers enter **YARDS** times corresponding to the seed distance listed in the last column titled "SEED DISTANCE".

FRIDAY, August 6: Warm-ups 4:00 p.m. – 4:45 p.m. Timed Finals 5:00 p.m. Events 1 & 2 will be deck-seeded. Swimmers must check in by 5:30 p.m.

Girl	Boy	Age	Event
1	2	10-Over	500 yd freestyle
3	4	11-Over	1,000yd Freestyle

SATURDAY, August 7: Warm-ups 8:00 a.m. - 9:00 a.m. Timed finals 9:15 a.m.

Girl	Boy	Age	Event
5	6	8 & Under	50 yd Free
7	8	9-10	100 yd Free
9	10	11-12	100 yd Free
11	12	8 & Under	100yd Medley Relay
13	14	10 & Under	200yd Medley Relay
15	16	12 & Under	200yd Medley Relay
17	18	6 & Under	25 yd Backstroke
19	20	8 & Under	25 yd Backstroke
21	22	9 - 10	50 yd Backstroke
23	24	11 - 12	50 yd Backstroke
25	26	8 & Under	25 yd Breaststroke
27	28	9 - 10	50 yd Breaststroke
29	30	11 - 12	50 yd Breaststroke

SUNDAY, August 8: Warm-ups 8:00 a.m. - 9:00 a.m. Timed Finals 9:15 a.m.

31	32	8 & Under	100 yd Ind. Medley
33	34	9-10	100 yd Ind. Medley
35	36	11-12	100 yd Ind. Medley
37	38	8 & Under	100yd Free Relay
39	40	10 & Under	200yd Free Relay
41	42	12 & Under	200yd Free Relay
43	44	8 & Under	25 yd Butterfly
45	46	9 - 10	50 yd Butterfly
47	48	11 - 12	50 yd Butterfly
49	50	6 & Under	25 yd Freestyle
51	52	8 & Under	25 yd Freestyle
53	54	9 - 10	50 yd Freestyle
55	56	11 - 12	50 yd Freestyle

INDOOR POOL: 13 & OVER

Entry times: 13 & Over Swimmers enter **METERS** times.

SATURDAY, August 7, Warm-ups 8:00 a.m. Check in 1/2 hour prior to each event. Timed Finals 9:15 a.m.

57	58	13 & Over	200m Medley Relay
59	60	13-Over	200m Individual Medley
61	62	13-Over	100m Freestyle
63	64	13-Over	200m Butterfly
65	66	13-Over	200m Backstroke
67	68	13-Over	100m Breaststroke

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SUNDAY, August 8 Warm-ups 8:00 a.m. - 9:00 a.m. Check in 1/2 hour prior to each event. Finals 9:15 a.m.

69	70	13 & Over	200m Free Relay
71	72	13-Over	400m Individual Medley
73	74	13-Over	50m Freestyle
75	76	13-Over	100m Backstroke
77	78	13-Over	100m Butterfly
79	80	13-Over	200m Breaststroke
81	82	13-Over	200m Freestyle