



Long Course 2010 Meet Schedule

DATE	EVENT	STDS	SQUAD	LOCATION
April 2010				
17-18	Forest Grove Hawaii 5-O	ABC	ALL TEAM	Forest Grove, OR
May 2010				
4/30-5/2	THSC Spring Open	ABC	Devy Silver/Gold, AG Silver/Gold Pre-Senior Blue/Black, Sr. Silver/Gold	Beaverton, OR
14-16	Pac Coast Invite TEAM TRAVEL MEET*	Qualifying 11 & older	AG Silver/Gold Pre-Senior Blue/Black Senior Silver/Gold	Federal Way, WA
15-16	MHA Sextathlon	ABC	Novice Blue/Black/Silver Devy Silver/Gold AG Bronze/Silver/Gold, Pre-Sr. Black	Portland, OR
June 2010				
5	Portland Metro tri meet	ABC	Novice Blue/Black/Silver Devy Silver/Gold AG Bronze/Silver/Gold Pre-Senior Blue/Black, Sr. Silver/Gold	Portland, OR
17-20	MHA Howard Jones Memorial Meet	AB	Devy Silver/Gold AG Bronze/Silver/Gold Pre-Senior Blue/Black, Sr. Silver/Gold Non CA travelers	Gresham, OR
17-20	Santa Clara International Grand Prix	Qualifying	Senior Gold	Santa Clara, CA
24-27	SoCal June AG Champs TEAM TRAVEL MEET*	Qualifying 11 & older	Pre Senior Blue/Black Senior Silver/Gold	Ventura, CA
July 2010				
9-11	Thunderbolt Classic	ABC	ALL TEAM Non Sr. Sectional	Beaverton, OR
10-11	OSI 10 & U Champs	A	10 & U w/ A time	Albany, OR
20-24	LC Senior Sectionals	Qualifying	Senior Silver/Gold (coach selection)	Gresham, OR
29- 8/1	OSI 11 & Over Champs	A	ALL 11 & over w/ A time	Gresham, OR
August 2010				
3-7	USA Swimming Nationals TEAM TRAVEL MEET*	Qualifying	Senior Gold	Irvine, CA
6-8	2010 Bend Invitational	ABC	ALL TEAM	Bend, OR
9-13	USA Swimming Jr. Nationals TEAM TRAVEL MEET*	Qualifying	Senior Gold	Irvine, CA
10-14	Western Zone Championships OSI TEAM TRAVEL MEET*	Qualifying	11 & over selected by OSI	San Jose, CA

* Team travel limited to swimmers 11 yrs. and older